

## DISCUSSION GUIDE

Welcome to your YOU+ Conversation! I'm excited to be here with you and hear what God is doing in your life. Our goal is to invite the Holy Spirit to move and draw out what next steps God might be inviting you to take. Let's begin in prayer: *"God in Heaven, we invite Your Holy Spirit to come and direct our conversation so that we can hear Your voice and follow the direction You're leading us in. In Jesus name, Amen."*

Let's begin! [**Conversation Questions**]:

1. Before we met, you read through the "Conversation Prep" document and questions. How was that for you? Have you done something like that before?

We'll talk about each connection explored starting with YOU+ God.

2. As you think about your connection to God (YOU+ God), what image, picture, or phrase would you use to describe that relationship? In what ways do you hope your relationship with God would grow?

3. The YOU+ the Church section encourages us to grow in how we relate to and care for our church family and others we consider family. How satisfied are you in each of your relational circles? In which circle do you hope to see growth?

4. After thinking through the You+ the World section, what could it look like for you to BLESS others, seek justice, and live more generously in this season?

5. Imagine a year from now, all of your connections have grown. Of the three, (You+God, You+Church, You+World) which one would excite you & God most? What would growth in that connection look like? *If growth happened in this area, what would be different compared to now?* ... This is your You+ Dream.

6. If you were to come up with 2-3 next steps to move you into a position to achieve that dream, what would they be? Have you tried something in the past that was helpful?

7. What obstacles, to these next steps, might you experience?

**Our next part** of the conversation is creating a Game Plan to help you grow personally. You've already identified your You+ Dream and potential steps.

Now it's time to create a goal for 3, 6, & 12 months. Each goal will be specific & measurable so that you know when you've achieved them.

Then, we'll enter your goals online using the QR code at the bottom of the next page. You'll be able to take the paper version home with you as a reminder.

# The GAME PLAN TO REACH MY YOU+ DREAM

My YOU+ Dream is (Q5) \_\_\_\_\_

\_\_\_\_\_

1st step toward the dream - 3 months from now: \_\_\_\_\_

\_\_\_\_\_

Target Date: \_\_\_\_\_

2nd step toward the dream - 6 months from now: \_\_\_\_\_

\_\_\_\_\_

Target Date: \_\_\_\_\_

3rd step toward the dream - 1 year from now: \_\_\_\_\_

\_\_\_\_\_

Target Date: \_\_\_\_\_

---

Who in your everyday life would be excited or honored to help you achieve this vision? (spouse, friend, LifeGroup member, leader...)

Name: \_\_\_\_\_ Date: \_\_\_\_\_



[Use the QR Code] to record your responses online, or type this:  
[lp.ccbchurch.com/goto/forms/61/responses/new](http://lp.ccbchurch.com/goto/forms/61/responses/new)

Now that you've gone through this process, Is there someone you would like to guide through this same conversation we've just had? If so, who? ... spouse, friend, kids, neighbors, etc. Simply go to [LaunchPoint.cc/facilitator](http://LaunchPoint.cc/facilitator) to find everything you'll need!

**Let's pray together to close.**