

# YOUTH CAMP ~ What to Bring

## San Diego CA, July 24-27, 2022

**CLOTHES:** *Be sure to include, clothing that can get wet & dirty at camp.*

- Shirts for 4 days & 3 nights  
(No tank tops, muscle shirts, spaghetti strap or bare midriff shirts.)
- Shorts for 4 days & 3 nights (Not overly short)
- Pants/Jeans (1-2)
- Underwear for 4 days & 3 nights
- Socks for 4 days
- Sweatshirts/long sleeved shirts (1-2)
- Light Jacket or Windbreaker
- Tennis Shoes (2) (may get wet)
- Flip Flops
- Swimsuit (Girls – one piece / tankini OR where a t-shirt over)
- Sleep wear

### **TOILETRIES:**

- Bath Towel
- Wash Cloth
- Comb/Brush
- Toothpaste/Toothbrush
- Toiletry Bag/Container to carry to and from bathroom
- Soap/Shampoo/Face Wash (in plastic containers)
- Deodorant
- Female Products

### **GENERAL:**

- Sleeping Bag or Twin bedding
- Pillow
- Beach Towel
- Flashlight
- Sport Strap for Glasses/Contact Lens Care Items if necessary

### **What NOT to bring to Camp**

- Non approved electronic devices
- Knives or weapons of any kind
- Matches, lighters, or candles
- Razors/Shaving items
- Make-up
- Pets
- Fireworks
- Roller Blades/Skateboards/Bikes
- Candy/Snacks/Gum

### **To Be Turned into Camp Leaders**

- Spending Money for fun day (\$15-\$40)
- Medications: MUST be in original bottle with doctor's instructions and dosage