

FACILITATOR NOTES

We are excited you are guiding someone else through a YOU+ conversation. Not only will this be a formative meeting for the participant, but it will also be an opportunity for you to grow and learn as the facilitator.

Keys to the Conversation

The first thing to remember is you don't have to have all the answers for the other person. Your job is to be a sounding board as you help the other person see themselves more clearly and how they see God at work in their lives. So, relax. Let the conversation flow and when it is necessary, bring the conversation back around to the questions laid out in the discussion guide. You don't have to get through every question. Your goal is to simply 1- help the other person catch a glimpse of their life now, 2- help them have idea of where they'd like it to go, and 3- help them create a couple of steps toward that hope.

Question 1 ~ This conversation may be the first time someone has ever engaged in a one-on-one conversation about their growth as a follower of Jesus. The first question is designed to get a sense of how the YOU+ survey went for the participant.

Question 2 ~ Question two may be a hard one for people. Try to avoid giving them examples. If they are struggling to come up with an image, let them know it's OK if it takes a moment. It may not be something they've ever considered.

Question 5 ~ Question five asks the participant to think of one connection that might be most important for them to lean into in the next season. Many people will want to lean into all three. A good follow-up question might be, "Are there any other connections you might want to lean into over the next few months."

Question 6 ~ Question six is designed for people to think about their future life - the way their life could look three months, six months, or two years from now. That's what You+ is all about - catching a God-sized dream for our lives. What would the sights, sounds, feelings, and relationships be like as a result?

Question 7 ~ For question seven, you may have to help some people brainstorm some of the obstacles, while for others, you may need to help them see how those obstacles can be overcome. Everyone is different, and you may have to get them to linger a little longer on the potential issues that might have. Reassure

them that no one gets this right all the time, and they don't have to be perfect to make progress.

Taking Next Steps

- Writing down the next steps and listing a time frame is key to this journey. It's been shown that people are more likely to do what they say they'll do if they've written it down in a formula similar to the one we've provided. Encourage them to write those down while you are together and enter them online via the provided link in your reminder email.
- Finally, we won't experience the YOU+ life alone. We need other people in our life who can ask about our progress and encourage us along the way. Help them think about who those people will be for them. Encourage them to share their experience with someone else and even guide them through a similar conversation. If they agree to do that, we'll provide them with resources to facilitate a YOU+ conversation.

You+ Next Steps Map

This is a list of options to help the person figure out actions they can take next. In the conversation, if someone is struggling with what to do, look back at this document. For example, if the conversation turns to, "I want to deepen my relationship with God, but I'm not sure how?" Go to "You+ God" and see if one of the options below might fit the situation being discussed. This is not an exhaustive list but a starting point for taking next steps.

You + God

- Regular weekly attendance
- Spiritual Practices: Sabbath, Fasting, Prayer, Bible Reading from the Bible App • Baptism - mark the connection card
- Go through LaunchPoint's Toolbox with someone www.launchpoint.cc/tools

You + The Church

- Join a LifeGroup

- Join a Ministry Team serving adults, students or kids.
- Explore Leadership within a ministry with either Adults, Students, or Kids.
- Discover your gifts God has given you to B.L.E.S.S. others, <https://spiritualgiftstest.com>

You + The World

- B.L.E.S.S. - Who are you walking through this strategy with?
- Generosity - What does your giving percentage look like now and how would you like to see it grow?
- Local Community Groups - Who would you like to partner with locally to serve your community?
- Global - Sponsoring a child with Compassion International, partnering with Philippine Frontline Ministries, join a trip to build homes in Mexico, or find your own way to spread the Gospel around the world.